

**School Health Advisory Council Meeting Summary
American Lung Association of Florida
January 10, 2013**

TOPIC	DISCUSSION	ACTION
Introduction	Siobhan Gross welcomed everyone followed by introductions of attendees.	
Approval of Agenda	Agenda was approved following motion by Cynthia Clayton, seconded by Eric Stern.	Approval of agenda
Approval of Summary – December 13, 2012	Correction to Summary to read under Old Business – Health Education Committee: <ul style="list-style-type: none"> • The program discussed was called "Go Noodle". Summary notes approved following motion by Eric Stern, seconded by Paula Triana.	Approval of Summary with correction.
Old Business	<p>Mental Health Subcommittee – Sharon Tarlow gave a report for Dr. Bernstein.</p> <p>The committee had a special meeting January 3rd to review the CDC's Youth Risk Behavior Survey (YRBS) for 2013 and provide recommendations for additional questions, as well as finalize a white paper for the school district explaining the purpose, importance and use of the survey. Many thanks to everyone involved in the meeting for their input into the draft white paper presented by Dr. Fishbane and for their review and recommendations of questions to be added to the local YRBS.</p> <p>The white paper including the recommended new additional YRBS questions had been emailed to SHAC members prior to the meeting. Dr. Fishbane gave a brief overview of the white paper and the process for determining the additional recommended questions. She acknowledged Dani Fitzgerald and Pete Steward for tremendous behind-the-scenes work organizing the review for the committee of the 142 possible questions from the CDC. All questions considered had been previously validated and sanctioned by the CDC. The committee deliberations were very thorough; questions selected addressed wide range of youth concerns. SHAC members felt the paper and its recommendations were fine; only questions were relative to the actual survey process. The 2013 YRBS survey will be given to randomly selected classes in all PBC high schools (9th – 12th grades) this spring. CDC has been conducting these surveys since the early 1990s and PBC has participated since 1999 in the biennial YRBS.</p> <p>A motion to approve formal endorsement of the YRBS white paper including the recommended additional questions for the 2013 local YRBS was made by Anne Kist, seconded by Dr. Clayton.</p> <p>Work continues on the recommendations that were presented to the school board in October. School police and school nurse administrators have agreed to have training on mental health issues. Advocacy for enhancing school-based teams and their focus on helping students with social, emotional and/or behavioral challenges continues. June Eassa from the district will be presenting at the next Mental Health Committee meeting on Tuesday, January 15th at 10:30am at the health department... join us if you can!</p>	<p>The next committee meeting will be January 15, 10:30 – 12:30 at the health department.</p> <p>YRBS white paper approved; Dr. Fishbane will forward final paper endorsed by SHAC to Assistant Superintendent Keith Oswald.</p>

	<p>The Action Alliance for Mental Health in PBC is hosting an event for parents this Saturday at the Safe Schools Institute. A flyer has been emailed to everyone.</p> <p>Wellness Promotion Task Force – Paula Triana</p> <p>On Wednesday, December 5, 2012, the District’s 6th edition “2012 Wellness Promotion Policy Annual Report” was presented to the School Board and District Leadership. With each year, we continue to make great strides in improving the health and well-being of our students and staff population and the community as a whole. Our success could never be accomplished without the support and dedication of all our partners. Thank you ALL!</p> <p>We also had the “Wellness Celebration” event on Thursday, December 6, 2012. The turnout was great and the event was magical. It was wonderful to be able to recognize many district and community stakeholders.</p> <p>Steve Bonino noted that the District’s School Food Service Department has completed the certification process, to include an on-site review, which ensures compliance with the Nutrition Standards component of the Healthy Hunger-Free Kids Act of 2010 (HHFKA). This certification process was successful.</p> <p><u>FY 2012-2013 Wellness Promotion Task Force Meeting Dates:</u> Wednesday, February 6, 2013 -- (8:30 a.m. - 10:30 a.m.) Wednesday, April 3, 2013 -- (8:30 a.m. - 10:30 a.m.) Wednesday, May 15, 2013 – (3:30 p.m. – 6:00 p.m.) <u>Fulton-Holland Educational Services Center - 3300 Forest Hill Boulevard, West Palm Beach, FL 33406</u> - Location: FHESC – Main Board Room</p> <p>Health Education Committee – Eric Stern</p> <p>Sponsorship for the district by Miami Children’s Hospital provides access to the HealthTeacher curriculum – and that curriculum is improving in very exciting ways. On Monday, Stacy Lazo presented new unique ideas the HealthTeacher has to offer with “Go Noodle” to the teachers at Equestrian Trails Elementary. Stacy Lazo briefly reported how exciting it was to participate in one of their in-service with the new product. There were about 40 K-5 physical education teachers in attendance; everyone was out of their seats and ready to play the game and use the new product. HealthTeacher is focusing on how to make the lessons/games appealing to teachers to be able to get students to participate and teachers to infuse more health into their curriculum.</p> <p>HealthTeacher also has an App to log onto - Awesome Upstanders.com – an anti-bullying game on the web-site for grades 4 – 8. The “Go Noodle” is a classroom curriculum.</p>	
New Business	<p>“Medical Sciences Academies”</p> <p>Dr. Miguel L. Benavente, Medical Science Specialist, Department of Choice & Career Options was introduced. Dr. Benavente gave a brilliant presentation on the Medical Science Academy program and what it offers to students. Multiple comments were made by SHAC members</p>	

	<p>related to the positive impact Dr. Benavente's Medical Science Academy program has made countywide. He also invited SHAC members to attend the HOSA competition coming up on January 25th.</p> <p><i>Hold to embed Dr. Benavente's Power Point presentation</i></p>	
<p>Announcements</p>	<p><u>Upcoming events:</u></p> <ul style="list-style-type: none"> • January 12, 2013 – Breaking the Silence • January 17, 2013 – No Bullies Allowed • January 19, 2013 – 2nd Annual South Florida Fair Kids Mile Race • February 8th thru 10th 2012 – The Florida Diabetes Camp • February 23, 2013 2nd Annual Families for Fitness and Fun 	
<p>Adjournment</p>	<p>Meeting adjourned at 1:30 PM. Next meeting is February 14, 2013.</p>	